WEBSITE: www.Lakeeriewrestlingclub.com

CLUB CLINICIANS:

- ERIC CUBBERLY:
- o 2x Ohio State Champion
- o 4x Fargo Freestyle and Greco Roman All-American
- o 2x Super 32 Champion
- Central Michigan University 4 yr varsity letter winner
- o Midlands Place Winner
- Jr. USA World Team Trials Qualifier
- KEVIN CONTOS:
- 20 years Coaching Experience
- o 2x Ohio HS State Placer
- o Jr. World Team Member
- o Jr. World Placer
- University of North Carolina

WHAT IS THE LAKE ERIE WRESTLING CLUB?

LAKE ERIE WRESTLING CLUB IS A OFF SEASON WRESTLING PROGRAM THAT FOCUSES ON TEACHING FREESTYLE AND GRECO-ROMAN WRESTLING TO DEDICATED WRESTLERS

CLUB PRACTICE AND FOCUS:

THE CLUB'S PRACTICE AND FOCUS WILL BE ON TECHNIQUE, DRILLING, LIVE WRESTLING AND THE BUILDING MENTAL TOUGHNESS.

WHO QUALIFIES FOR THE CLUB?

ALL JUNIOR HIGH, HIGH SCHOOL OR COLLEGE WRESTLERS ARE ELIGIBLE TO PARTICIPATE IN THE CLUB.

WHAT REQUIREMENTS ARE NEEDED TO JOIN?

- CLUB MEMBERSHIP FEE
 - o \$90 REGISTRATION FEE
 - \$75(additional sibling)
 - TRAINING SESSIONS BEGIN ON MARCH 14 and RUN THRU May 4, 2016

2016 USA WRESTLING MEMBESHIP CARD

- Must have a card before member can practice
- USA Card may be purchased at: http://www.usawrestling-ohio.org/

ITEMS THAT YOU NEED TO REGISTER FOR CLUB:

- REGISTRATION FORM (Backside) & FEE (Make checks payable: Lake Erie W.C.)
- EMERGENCY MEDICAL PERMISSION (Backside)
 Must be completely filled out and signed by parent/legal guardian

REGISTRATION LOCATION & DATE:

CLAY HS - MONDAY MARCH 14, 2016 5:00 - 6:00 pm

FIRST PRACTICE IS MARCH 14, 2016 @ CLAY HS

CLUB PRACTICE AND FOCUS:

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LOCATION/SCHEDULE:

- -CLAY HIGH SCHOOL
- 5665 Seaman Rd. Oregon, OH 43616
- PRACTICES MONDAY/ WEDNEDAY
- 6:00 7:30PM

FOR MORE INFORMATION CALL or EMAIL:

Eric Cubberly - 419-349-3561

ECubberly@gmail.com

Kevin Contos - 419-262-1566

KCContos2@gmail.com

VISIT OUR CLUB WEBSITE: www.Lakeeriewrestlingclub.com

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Registration Information:

Wrestler's Name:	Parent'		_	
Address:	City:	State:	Zip Code:	
Phone:	Parent's Cell		Age:	
Date of Birth	School:	_ Grade: E-N	Mail	
USA Wrestling Card Numbe	r:			
hereby waive, release and discharge unteer affiliated or associated in ar ands, claims and suits of any type f e, and we further, jointly and sever ds, claims and suits of any type for		, the Lake Erie Wrest tively referred to as the regarding or concern the Released Parties	ling Club and any coach, officer he Released Parties) from any ning the above named wrestler s, jointly and severally, from any	and at
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